

One page book for doodling patterns

Materials:

1 sheet 140 wt. watercolor paper (18" x 24" = 4 1/2" x 6" book; 11" x 15" = 2 3/4" x 3 3/4" book)

(140 wt. can be worked on both sides; lighter weight, not so much.)

Mechanical Pencil, white eraser

Black fine point pen, permanent (such as Micron 05, Micron 03, Sharpie);

some regular black pens may work, test for permanence (good) and smearing (not good).

Black wide point, permanent (such as Sharpie)

unlined notebook, paper or sketchbook for collecting pattern samples

scissors

patterns (Zentangle books; your own, "zentangle free patterns" on-line)

Optional: bone folder, watercolors, color pencils

My book list:

"Cover to Cover: Creative Techniques for Making Beautiful Books, Journals & Albums"
Shereen Laplantz; 1995; ISBN 0-937274-87-9

"Zentangle 3"; Suzanne McNeill; 2010; ISBN 157421331-8

"Yoga for your Brain: A Zentangle Workout"; Sandy Steen Bartholomew; 2011;
ISBN 978-1-57421-698-1

"Walter Anderson for Children: an art activity book by the Mississippi State Historical Museum";
1984; ISBN 0-93896-35-3

Some Zentangle/pattern sites on-line: tanglepatterns.com, [inkidoodles](http://inkidoodles.com), [rainbow elephant](http://rainbowelephant.com), [beezen](http://beezen.com)

Pattern Categories: Square, Diamond, Triangle, Circle, Dots, Curve, Spiral, Growth